



VUOGAS

WELLNESS INSPIRED WEEKEND IN SÁPMI

Give yourself the kind of vacation you truly deserve!

Imagine four magical days filled with wellness, where you are embraced by nature's most magnificent surroundings - forests, mountains and sparkling rivers that nourish both body and soul.

Picture yourself meditating surrounded by reindeer peacefully wandering nearby. Fill your lungs with the crystal clear mountain air, each breath a balm for the soul. Feel the cold, refreshing river water caress your feet, a natural energy boost that makes you feel alive.

Let each moment be a tribute to yourself and your well-being. This journey is not just a vacation - it is an experience that renews and empowers you to return to everyday life with renewed energy and joy.

Welcome to a place where tranquility and harmony make you feel more alive than ever!

Available:

19 - 22 September

3 - 6 October

Price:

From 9650 SEK per person in shared double room.

12 930 SEK per person for those who wish to stay in a single room.

Included:

- 3 nights at Reindeer Lodge in a goahti-tent.
- Check-in from 15.00 and check-out 11.00 on your departure day.
- Breakfast, lunch and dinner. Food allergies or preferences must be notified on booking.
- Bed linen and towels.
- Sauna ritual with SPA-products from C/O Gerd.
- Wood heated hot tub and sauna.
- Excursions and experiences in the forest and mountains in the immediate area.
- Guossi - guided tour at Márkanbáiki.
- Meet and feed the reindeer.

Book here:

connect@nutti.se

+46 (0)980 213 29

www.nutti.se



Day 1 - Arrival

Check into your goahti, and have time to familiarize yourself with the area and your tent. When you've settled in, we'll head together to Márkanbáiki for a moment of meditation with the reindeer, before a Sami-inspired three-course dinner in our restaurant Ovttas awaits.

Day 2 - Forest bathing

Have some breakfast before your guide picks you up for today's excursion into nature. We stop for lunch and experience nature by seeing, listening and taking in the smells around us. Back at the Reindeer Lodge, a relaxing sauna ritual awaits before the evening's dinner at Ovttas.

Day 3 - Hiking tour

Start your third day outside! Your guide sets up a picnic out in our corrals and together you enjoy breakfast with the reindeer. When you feel full and satisfied it is time for today's adventure, a hike in the mountains. During the tour we stop and take a few deep breaths and let the fresh air fill our lungs. Together we enjoy a Sami inspired tapas before we head back to Jukkasjärvi where a warming sauna and dinner at Ovttas await.

Day 4 - Departure

After breakfast, a guided tour of Márkanbáiki and a visit to the reindeer awaits before it's time to pack up, say goodbye and travel on.

Weekend program

Thursday

15.00 Check-in
16.30 Welcome meeting
17.00 Meditation with the reindeer
18.00 Three course dinner at Ovttas

Friday

07.30 Breakfast
09.30 Excursion to the nature with your guide
12.00 Lunch
15.00 Sauna ritual
18.00 Dinner at Ovttas

Saturday

07.30 Breakfast with the reindeer
10.00 Hiking tour with your guide
12.00 Lunch
14.00 Sauna and hot tub
18.00 Dinner at Ovttas

Sunday

07.30 Breakfast
10.00 Check-out
11.00 Guided tour at Márkanbáiki and meet the reindeer
12.30 Lunch before your departure

The activities during the days may be adapted according to prevailing weather conditions for the safety and well-being of the animals and guests. The following holding times are subject to change.